

Risa Gaull Brophy

Medical Qigong Therapist

Risa has a B.S. in Health/Fitness and has been teaching QiGong and Tai Chi for over 20 years. She has specialized training in Medical QiGong – using particular exercises to stimulate and balance energy in the body in specific ways for disease prevention and healing. As an ordained Daoist Priest and certified Medical QiGong Therapist (like acupuncture without needles), Risa combines ancient wisdom and Transformational Life Coaching to help people enjoy greater health, self-love, and inner peace.